

Deena Abbe, PhD  
Children and Family Practice

**Child/Adolescent Intake Form**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**PRESENTING PROBLEMS AND CONCERNS**

Describe the problem that brought you here today: \_\_\_\_\_  
\_\_\_\_\_

Please check all your child's behaviors and symptoms that you consider problematic:

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Distractibility                | <input type="checkbox"/> Change in appetite     | <input type="checkbox"/> Visual hallucinations | <input type="checkbox"/> Manipulative behavior |
| <input type="checkbox"/> Hyperactivity                  | <input type="checkbox"/> Withdrawal from people | <input type="checkbox"/> Defiance              | <input type="checkbox"/> No/few friends        |
| <input type="checkbox"/> Impulsivity                    | <input type="checkbox"/> Anxiety/worry          | <input type="checkbox"/> Aggression/fights     | <input type="checkbox"/> Eating problems       |
| <input type="checkbox"/> Boredom                        | <input type="checkbox"/> Panic attacks          | <input type="checkbox"/> Homicidal thoughts    | <input type="checkbox"/> Sleep problems        |
| <input type="checkbox"/> Poor memory/confusion          | <input type="checkbox"/> Fear away from home    | <input type="checkbox"/> Frequent arguments    | <input type="checkbox"/> Nightmares            |
| <input type="checkbox"/> Sadness/depression             | <input type="checkbox"/> Social discomfort      | <input type="checkbox"/> Irritability/anger    | <input type="checkbox"/> Toileting problems    |
| <input type="checkbox"/> Hopelessness                   | <input type="checkbox"/> Phobias                | <input type="checkbox"/> Peer/sibling conflict | <input type="checkbox"/> Fire setting          |
| <input type="checkbox"/> Thoughts of death              | <input type="checkbox"/> Obsessive thoughts     | <input type="checkbox"/> Stealing              | <input type="checkbox"/> Work/school problems  |
| <input type="checkbox"/> Self-harm behaviors            | <input type="checkbox"/> Compulsive behavior    | <input type="checkbox"/> Destroys property     | <input type="checkbox"/> Legal problems        |
| <input type="checkbox"/> Crying spells                  | <input type="checkbox"/> Racing thoughts        | <input type="checkbox"/> Running away          | <input type="checkbox"/> Sexual behavior       |
| <input type="checkbox"/> Loneliness                     | <input type="checkbox"/> Wide mood swings       | <input type="checkbox"/> Swearing              | <input type="checkbox"/> Computer addiction    |
| <input type="checkbox"/> Low self worth                 | <input type="checkbox"/> Suspicion/paranoia     | <input type="checkbox"/> Curfew violations     | <input type="checkbox"/> Alcohol/drug use      |
| <input type="checkbox"/> Fatigue                        | <input type="checkbox"/> Hearing voices         | <input type="checkbox"/> Lying                 | <input type="checkbox"/> Lack of motivation    |
| <input type="checkbox"/> Recurring, disturbing memories |   | <input type="checkbox"/> Other: _____          |  |

Are your child's problems affecting any of the following?

- |  |                                      |  |  |                                   |
|--|--------------------------------------|--|--|-----------------------------------|
| <input type="checkbox"/> Handling everyday tasks | <input type="checkbox"/> Self esteem | <input type="checkbox"/> Relationships | <input type="checkbox"/> Hygiene       | <input type="checkbox"/> Health   |
| <input type="checkbox"/> Recreational activities | <input type="checkbox"/> Work/School | <input type="checkbox"/> Housing       | <input type="checkbox"/> Legal matters | <input type="checkbox"/> Finances |

Yes  No Has your child ever had thoughts, made statements, or attempted to hurt him/herself? If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Yes  No Has your child ever had thoughts, made statements, or attempted to hurt someone else? If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Yes  No Has your child recently been physically hurt or threatened by someone else? If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Yes  No Has your child gambled in the past 6 months? If yes, let us know the following  
 Yes  No Has your child ever felt the need to bet more and more money?  
 Yes  No Has your child ever had to lie to people about how much your child has gambled?

Therapist Notes:

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### **FAMILY AND DEVELOPMENTAL HISTORY**

Relationship	Name	Lives with Child?	Age	Quality of Relationship	Family Mental Health Problems	Who?
Mother					Hyperactivity	
Father					Sexually Abused	
Stepmother					Depression	
Stepfather					Manic Depression	
Siblings					Suicide	
					Anxiety	
					Panic Attacks	
					Obsessive-Compulsive	
Other relatives					Anger/Abusive	
					Schizophrenia	
					Eating Disorder	
					Alcohol Abuse	
					Drug Abuse	

- Parents legally married or living together  
 Parents temporarily separated  
 Parents divorced or permanently separated

- Mother remarried: Number of times \_\_\_\_\_  
 Father remarried: Number of times \_\_\_\_\_

Please check if your child has experienced any of the following types of trauma or loss:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Emotional abuse        | <input type="checkbox"/> Neglect                     | <input type="checkbox"/> Lived in a foster home |
| <input type="checkbox"/> Sexual abuse           | <input type="checkbox"/> Violence in the home        | <input type="checkbox"/> Multiple family moves  |
| <input type="checkbox"/> Physical abuse         | <input type="checkbox"/> Crime victim                | <input type="checkbox"/> Homelessness           |
| <input type="checkbox"/> Parent substance abuse | <input type="checkbox"/> Parent illness              | <input type="checkbox"/> Loss of a loved one    |
| <input type="checkbox"/> Teen pregnancy         | <input type="checkbox"/> Placed a child for adoption | <input type="checkbox"/> Financial problems     |

Yes  No Were there any medical problems during the pregnancy or birth of your child? If yes, please describe: \_\_\_\_\_

Yes  No Did the biological mother use any tobacco, medication, street drugs, or alcohol while pregnant with this child? If yes, please describes substances used, quantity, and frequency: \_\_\_\_\_

Yes  No Did your child have any developmental delays in early childhood (crawling, walking, talking, toileting, etc.)? If yes, please describe: \_\_\_\_\_

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### PREVIOUS MENTAL HEALTH TREATMENT

Yes	No	Type of Treatment	When?	Provider/Program	Reason for Treatment
		Outpatient Counseling			
		Medication (mental health)			
		Psychiatric Hospitalization			
		Drug/Alcohol Treatment			
		Self-help/Support Groups			

Therapist Notes:
Init:

### SCHOOL INFORMATION

Current grade/placement: \_\_\_\_\_

- |                              |                                    |                               |                               |                               |
|------------------------------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|
| This year's school grades:   | <input type="checkbox"/> Excellent | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |
| Past school grades:          | <input type="checkbox"/> Excellent | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |
| This year's school behavior: | <input type="checkbox"/> Excellent | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |
| Past school behavior:        | <input type="checkbox"/> Excellent | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |

Has your child had any of the following difficulties at school?

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Suspension     | <input type="checkbox"/> Incomplete homework | <input type="checkbox"/> Learning problems | <input type="checkbox"/> Referrals or detentions |
| <input type="checkbox"/> Poor grades    | <input type="checkbox"/> Teased or picked on | <input type="checkbox"/> Speech problems   | <input type="checkbox"/> Attendance problems     |
| <input type="checkbox"/> Gang influence |  |  |  |

Yes  No Does your child have an after-school provider? If so, who? \_\_\_\_\_

Yes  No Has your child ever repeated or skipped a grade? If yes, which one(s)? \_\_\_\_\_

Yes  No Has your child ever received Special Education services? If yes, please describe services received and reason for services: \_\_\_\_\_

What does your child's teacher(s) say about him/her? \_\_\_\_\_

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### **SUBSTANCE USE HISTORY (for ages 12 and older or if applicable)**

Substance Type	Current Use (last 6 months)				Past Use			
	Y	N	Frequency	Amount	Y	N	Frequency	Amount
Tobacco								
Caffeine								
Alcohol								
Marijuana								
Cocaine/crack								
Ecstasy								
Heroin								
Inhalants								
Methamphetamines								
Pain Killers								
PCP/LSD								
Steroids								
Tranquilizers								

Yes  No Has your child had withdrawal symptoms when trying to stop using any substances? If yes, please describe: \_\_\_\_\_

Yes  No Has your child ever had problems with work, relationships, health, the law, etc. due to his/her substance use? If yes, please describe: \_\_\_\_\_

Therapist Notes:
Init: _____

### **MEDICAL INFORMATION**

Date of last physical exam: \_\_\_\_\_

Has your child experienced any of the following medical conditions during his/her lifetime?

- |   |                                     |   |   |
|---|-------------------------------------|---|---|
| <input type="checkbox"/> Allergies          | <input type="checkbox"/> Asthma     | <input type="checkbox"/> Headaches        | <input type="checkbox"/> Stomach aches                |
| <input type="checkbox"/> Chronic pain       | <input type="checkbox"/> Surgery    | <input type="checkbox"/> Serious accident | <input type="checkbox"/> Head injury                  |
| <input type="checkbox"/> Dizziness/fainting | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Seizures         | <input type="checkbox"/> Vision problems              |
| <input type="checkbox"/> High fevers        | <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Hearing problems | <input type="checkbox"/> Ear infections               |
| <input type="checkbox"/> Miscarriage        | <input type="checkbox"/> Abortion   | <input type="checkbox"/> Sleep disorder   | <input type="checkbox"/> Sexually transmitted disease |
| <input type="checkbox"/> Other: _____       |                                     |   |   |

Please list any CURRENT health concerns: \_\_\_\_\_

Current prescription medications:  None

Medication	Dosage	Date First Prescribed	Prescribed By

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Current over-the-counter medications (including vitamins, herbal remedies, etc.): \_\_\_\_\_

Allergies and/or adverse reactions to medications:  None  
If yes, please list: \_\_\_\_\_

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### **INTERPERSONAL/SOCIAL/CULTURAL INFORMATION**

Please describe your child's social support network (check all that apply):

- Family     Neighbors     Friends     Students     Co-workers     Support/Self-Help Group  
 Community Group     Religious/Spiritual Center (which one? \_\_\_\_\_)

To which cultural or ethnic group does your child belong? \_\_\_\_\_

If your child is experiencing any difficulties due to cultural or ethnic issues, please describe: \_\_\_\_\_

How important are spiritual matters to your child?  Not at all     Little     Somewhat     Very much  
 Yes     No    Would you like spiritual/religious beliefs to be incorporated into your child's counseling?

Please describe your child's strengths, skills, and talents? \_\_\_\_\_

Describe any special areas of interest or hobbies (art, books, physical fitness, etc.): \_\_\_\_\_

Therapist Notes:

Init:

### **LEGAL INFORMATION**

If the parents are separated or divorced, what is the current child custody/visitation arrangement? \_\_\_\_\_

- Yes     No    Is your child currently the subject of a custody case?  
 Yes     No    Has your child ever been a ward of the court with SCF/DCFS guardianship?  
 Yes     No    Does your child have any legal offenses on record or pending in the courts?

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